

THE BELVEDERE PREPARATORY SCHOOL MENU: WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>HOT MEAL OF THE DAY OPTION (CHOICE ONE)</i>	Sweet & Sour Chicken	Pork Sausages	Chicken dinner	Pizza Margherita	Cod Fishfingers
<i>VEGETARIAN OPTION (CHOICE TWO)</i>	Quorn pieces in Sweet & Sour	Vegetarian Sausage (Free From Dairy and Gluten sausages available)	Quorn chicken	Potato Scallops	Chips
<i>ACCOMPANIMENTS (APPLIES TO CHOICES ONE & TWO)</i>	Boiled Basmati rice Vegetable Spring Roll Onion, Peppers	Baked Beans or Diced Carrots Creamed / New Potatoes	Roast Potatoes, peas, Broccoli, gravy	Tomato, cucumber, coleslaw	Peas or spaghetti rings, tomato ketchup
<i>JACKET POTATO OPTION (CHOICE THREE)</i>	Tuna Mayo Baked Beans Grated Cheddar Cheese	Tuna Mayo Baked Beans Grated Cheddar Cheese	Tuna Mayo Baked Beans Grated Cheddar Cheese	Tuna Mayo Baked Beans Grated Cheddar Cheese	Tuna Mayo Baked Beans Grated Cheddar Cheese
<i>SANDWICH OPTION (CHOICE FOUR)</i>	Tuna Mayo Roll/Bread Ham/Turkey/Cheese Roll/Bread	Tuna Mayo Roll/Bread Ham/Turkey/Cheese Roll/Bread	Tuna Mayo Roll/Bread Ham/Turkey/Cheese Roll/Bread	Tuna Mayo Roll/Bread Ham/Turkey/Cheese Roll/Bread	Tuna Mayo Roll/Bread Ham/Turkey/Cheese Roll/Bread
<i>DESSERT (APPLIES TO ALL CHOICES)</i>	Cheese and Crackers Selection of desserts yogurts and fresh fruit available from the cold display trolley	Vanilla Ice Cream Selection of desserts yogurts and fresh fruit available from the cold display trolley	Sponge Cake Selection of desserts yogurts and fresh fruit available from the cold display trolley	Raspberry Ripple Mousse/Ice Cream Selection of desserts yogurts and fresh fruit available from the cold display trolley	Jelly Selection of desserts yogurts and fresh fruit available from the cold display trolley

THE BELVEDERE PREPARATORY SCHOOL MENU: WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>HOT MEAL OF THE DAY OPTION (CHOICE ONE)</i>	Curry Chicken	Chicken Burger in a Bun	Lasagne	Pork Sausages	Cod Fishfingers
<i>VEGETARIAN OPTION (CHOICE TWO)</i>	Vegetable Curry	Vegi Burger	Quorn Lasagne	Vegetarian Sausages Dairy or Gluten Free sausages	Cheese and Onion Quiche
<i>ACCOMPANIMENTS (APPLIES TO CHOICES ONE & TWO)</i>	Boiled Basmati rice Peas Naan or Garlic Bread	Potato Scallops, Tomatoes, cucumber, coleslaw	Garlic Bread Carrots/Sweetcorn	Creamed Potato or new Potatoes Peas or Sweetcorn	Chips Peas or Spaghetti Rings Tomato Ketchup
<i>JACKET POTATO OPTION (CHOICE THREE)</i>	Tuna Mayo Baked Beans Grated Cheddar Cheese	Tuna Mayo Baked Beans Grated Cheddar Cheese	Tuna Mayo Baked Beans Grated Cheddar Cheese	Tuna Mayo Baked Beans Grated Cheddar Cheese	Tuna Mayo Baked Beans Grated Cheddar Cheese
<i>SANDWICH OPTION (CHOICE FOUR)</i>	Tuna Mayo Roll/Bread Ham/Turkey/Cheese Roll/Bread	Tuna Mayo Roll/Bread Ham/Turkey/Cheese Roll/Bread	Tuna Mayo Roll/Bread Ham/Turkey/Cheese Roll/Bread	Tuna Mayo Roll/Bread Ham/Turkey/Cheese Roll/Bread	Tuna Mayo Roll/Bread Ham/Turkey/Cheese Roll/Bread
<i>DESSERT (APPLIES TO ALL CHOICES)</i>	Vanilla Ice Cream Selection of desserts yogurts and fresh fruit available from the cold display trolley	Fairy Cake Selection of desserts yogurts and fresh fruit available from the cold display trolley	Rice Pudding Selection of desserts yogurts and fresh fruit available from the cold display trolley	Jam Donut Selection of desserts yogurts and fresh fruit available from the cold display trolley	Jelly Selection of desserts yogurts and fresh fruit available from the cold display trolley

THE BELVEDERE PREPARATORY SCHOOL MENU: WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>HOT MEAL OF THE DAY OPTION (CHOICE ONE)</i>	Chicken Fajita	Roast Chicken Pie	Sausage, eggs, hash brown	Chicken Pesto	Cod Fishfingers
<i>VEGETARIAN OPTION (CHOICE TWO)</i>	Quorn Fajita	Quorn Chicken Pie	Vegetarian Sausages Dairy or Gluten Free sausages	Quorn Pesto	Cheese and Tomato Quiche
<i>ACCOMPANIMENTS (APPLIES TO CHOICES ONE & TWO)</i>	Onion, Peppers, Wedges	Peas Rice	Beans	Onion, Peppers Pasta twists (Gluten and Dairy Free available)	Chips Spaghetti Rings or Peas Tomato Ketchup
<i>JACKET POTATO OPTION (CHOICE THREE)</i>	Tuna Mayo Baked Beans Grated Cheddar Cheese	Tuna Mayo Baked Beans Grated Cheddar Cheese	Tuna Mayo Baked Beans Grated Cheddar Cheese	Tuna Mayo Baked Beans Grated Cheddar Cheese	Tuna Mayo Baked Beans Grated Cheddar Cheese
<i>SANDWICH OPTION (CHOICE FOUR)</i>	Tuna Mayo Roll/Bread Ham/Turkey/Cheese Roll/Bread	Tuna Mayo Roll/Bread Ham/Turkey/Cheese Roll/Bread	Tuna Mayo Roll/Bread Ham/Turkey/Cheese Roll/Bread	Tuna Mayo Roll/Bread Ham/Turkey/Cheese Roll/Bread	Tuna Mayo Roll/Bread Ham/Turkey/Cheese Roll/Bread
<i>DESSERT (APPLIES TO ALL CHOICES)</i>	Raspberry Ripple Ice Cream Sponge Roll Selection of desserts yogurts and fresh fruit available from the cold display trolley	Cheese & Crackers Selection of desserts yogurts and fresh fruit available from the cold display trolley	Apple Crumble Selection of desserts yogurts and fresh fruit available from the cold display trolley	Fruit Lolly Ice Selection of desserts yogurts and fresh fruit available from the cold display trolley	Jelly Selection of desserts yogurts and fresh fruit available from the cold display trolley